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What Are Emotions? Multicomponent Theory of Emotion

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In the first part of the article I discussed some of the contemporary (philosophical) concepts of emotion: the feeling theory, the cognitive theory (with a propositional variant), the attitudinal theory, and emotions as construals. Most philosophical theories of emotion look at the main component or two main components of an emotional episode. Some theories take into account many components (multicomponent or hybrid theories). I use the latter. In the second part I analyzed emotions as compound intentional states: 1) cognition and appraisal; 2) the physiological aspect; 3) the neurological aspect; 4) feelings; 5) a tendency to act, and 6) expression.